### SEPTEMBER 2020
### BREAKFAST MENU

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| ![Squirrel](squirrel.png) | 1 WG Pop Tart  
WG Muffin  
Fruit  
Juice  
Milk | 2 WG Cereal  
Scrambled Eggs  
Fruit  
Juice  
Milk | 3 WG Cereal Bar  
WG Pancake  
Fruit  
Juice  
Milk | 4 WG Cereal  
WG Donut  
Fruit  
Juice  
Milk |
| 7 NO SCHOOL | 8 WG Pop Tart  
Yogurt  
String Cheese  
Fruit  
Juice  
Milk | 9 WG Cereal  
Scrambled Eggs  
Fruit  
Juice  
Milk | 10 WG Cereal Bar  
WG French Toast  
Fruit  
Juice  
Milk | 11 WG Cereal  
WG Donut Holes  
Fruit  
Juice  
Milk |
| 14 WG Cereal  
WG PB & J  
Fruit  
Juice  
Milk | 15 WG Pop Tart  
WG Muffin  
Fruit  
Juice  
Milk | 16 WG Cereal  
Scrambled Eggs  
Fruit  
Juice  
Milk | 17 WG Cereal Bar  
WG Sausage & Pancake on a Stick  
Fruit  
Juice  
Milk | 18 WG Cereal  
WG Mini Long John  
Fruit  
Juice  
Milk |
| 21 NO SCHOOL | 22 WG Pop Tart  
WG Yogurt  
String Cheese  
Fruit  
Juice  
Milk | 23 WG Cereal  
Scrambled Eggs  
Fruit  
Juice  
Milk | 24 WG Cereal  
WG French Toast  
Fruit  
Juice  
Milk | 25 WG Cereal  
WG Donut  
Fruit  
Juice  
Milk |
| 28 WG Cereal  
WG PB & J  
Fruit  
Juice  
Milk | 29 WG Pop Tart  
WG Muffin  
Fruit  
Juice  
Milk | 30 WG Cereal  
Scrambled Eggs  
Fruit  
Juice  
Milk |  | |

**Student Meal Price = $1.50**

*View your meal account balance online. (Menu subject to change.)*

The Saint Mary's Food Service does not discriminate on the basis of race, color, age, sex orientation, religion, marital status or any legally protected status. Every meal that is offered to the student/teacher/parent is offered milk (fat free chocolate milk / 1% white milk/ white skim milk).
# SEPTEMBER 2020 LUNCH MENU

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Chicken Fillet</td>
<td>Ham Slice</td>
<td>Turkey &amp; Cheese</td>
<td>French Bread Cheese</td>
<td></td>
</tr>
<tr>
<td>WG Bun</td>
<td>WG Dinner Roll</td>
<td>Sandwich WG</td>
<td>Pizza WG</td>
<td></td>
</tr>
<tr>
<td>Romaine Lettuce</td>
<td>Mashed Potatoes</td>
<td>Chips</td>
<td>Green Beans</td>
<td></td>
</tr>
<tr>
<td>Carrots</td>
<td>Peas</td>
<td>Carrots</td>
<td>Applesauce</td>
<td></td>
</tr>
<tr>
<td>Mixed Fruit</td>
<td>Pineapple</td>
<td>Banana</td>
<td>Milk</td>
<td></td>
</tr>
<tr>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
</tr>
</tbody>
</table>

**7**

**NO SCHOOL**

<table>
<thead>
<tr>
<th>8</th>
<th>9</th>
<th>10</th>
<th>11</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken Nuggets</td>
<td>Cowboy Cavatini</td>
<td>Hot Ham &amp; Cheese</td>
<td>Cheese Omelet</td>
</tr>
<tr>
<td>WG Dinner Roll</td>
<td>WG Breadstick</td>
<td>WG Bun</td>
<td>WG Cinnamon Roll</td>
</tr>
<tr>
<td>Baked Beans</td>
<td>Romaine Lettuce</td>
<td>Chips</td>
<td>Hash Browns</td>
</tr>
<tr>
<td>Peaches</td>
<td>Mixed Fruit</td>
<td>Carrots</td>
<td>Oranges</td>
</tr>
<tr>
<td>Milk</td>
<td>Milk</td>
<td>Pineapple</td>
<td>Milk</td>
</tr>
</tbody>
</table>

**14**

**Sloppy Joes**

<table>
<thead>
<tr>
<th>15</th>
<th>16</th>
<th>17</th>
<th>18</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chili Dog</td>
<td>Breaded Pork Patty</td>
<td>Beef Burrito on</td>
<td>Fish Patty</td>
</tr>
<tr>
<td>WG Bun</td>
<td>WG Bun</td>
<td>WG Tortilla Shell</td>
<td>WG Bun</td>
</tr>
<tr>
<td>French Fries</td>
<td>Cheesy Potatoes</td>
<td>Romaine Lettuce</td>
<td>Peas &amp; Carrots</td>
</tr>
<tr>
<td>Applesauce</td>
<td>Pineapple</td>
<td>Carrots</td>
<td>Grapes</td>
</tr>
<tr>
<td>Milk</td>
<td>Milk</td>
<td>Banana</td>
<td>Milk</td>
</tr>
</tbody>
</table>

**21**

**NO SCHOOL**

<table>
<thead>
<tr>
<th>22</th>
<th>23</th>
<th>24</th>
<th>25</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken Patty</td>
<td>Grilled Cheese on</td>
<td>Turkey &amp; Gravy on</td>
<td>WG Breakfast Pizza</td>
</tr>
<tr>
<td>WG Bun</td>
<td>WG Bread</td>
<td>WG Dinner Roll</td>
<td>Green Beans</td>
</tr>
<tr>
<td>Romaine Lettuce</td>
<td>Peas</td>
<td>Diced Carrots</td>
<td>Strawberries</td>
</tr>
<tr>
<td>Baked Beans</td>
<td>Pears</td>
<td>Applesauce</td>
<td>Milk</td>
</tr>
<tr>
<td>Peaches</td>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>28</th>
<th>29</th>
<th>30</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Cheese Burger</td>
<td>Chicken Caesar</td>
<td>Chili</td>
<td></td>
</tr>
<tr>
<td>WG Bun</td>
<td>Wrap on WG Tortilla</td>
<td>Cinnamon Roll</td>
<td></td>
</tr>
<tr>
<td>Baked Beans</td>
<td>Shell</td>
<td>Corn</td>
<td></td>
</tr>
<tr>
<td>French Fries</td>
<td>Romaine Salad</td>
<td>Peaches</td>
<td></td>
</tr>
<tr>
<td>Apples</td>
<td>Carrots</td>
<td>Peaches</td>
<td></td>
</tr>
<tr>
<td>Milk</td>
<td>Mixed Fruit</td>
<td>Milk</td>
<td></td>
</tr>
</tbody>
</table>

Parents/Guardians: We welcome you to eat with your children. Please give the office a 24-hour notice. Remember to pay in the office prior to eating. Student Meal Price = $2.80   All Guests = $4.00 View your lunch account balance online. (Menu subject to change)

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